

# Fundraising for Liberty Circle Making a big difference with gentle steps.

### Welcome

Thank you for fundraising for Liberty Circle! Your support helps us create a calm, safe space for anxious girls to be themselves. This pack gives you everything you need to get started with your fundraising journey.

#### **About Us**

As a Community Interest Company run by two mums, we understand how overwhelming life can feel for girls struggling with anxiety. Liberty Circle is a gentle, welcoming group where girls can take part in low-pressure activities, make friends at their own pace, and feel truly accepted. Every pound raised helps us continue this work and reach even more young people.

## **How Your Fundraising Helps**

- -£3 helps us provide a mindful craft activity
- -£25 helps fund a full group session with all materials
- £75 pays for 10 parent/carers and their 10 child/young person to attend an educational trip to Atwell Farm
  - £150 pays for 10 parent/carers and their 10 child/young person to attend Inflatanation

## **Fundraising Ideas**

- Host a bake sale
- Sponsored walk, cycle, or dog walk
- Hold a craft evening with donations
- Organise a school "wellbeing" dress-down day
  - Mindful colouring competition
  - Donation jar at your workplace or club
- Give something up for a week (e.g. social media, sweets)

# **Planning Tips**

- Pick something you enjoy it makes a big difference!
- Tell people why you're raising money you can share our story
  - Share updates and photos to keep people engaged
  - Tag us if you post on social media we'd love to see it
  - Keep it safe and fun get in touch if you need advice

#### **How to Send Donations**

Once your fundraising is complete, get in touch with us directly. Contact us at libertycirclecic@gmail.com for more details.

Thank you for being part of our community.
You're not just raising money — you're raising hope, calm, and connection.